

To our Valuable School Partners.

We are here to support your students! We encourage you to visit and share our dedicated BergenResourcenet page titled <u>Resources to Maintain Wellbeing and Balance in COVID-19 times.</u> This page is updated in real time with helpful resources for Bergen County families and the staff supporting them. In addition, we will be posting relevant resources on our Facebook page.



If a student or family in your district is struggling emotionally or behaviorally in this CoVID social distancing environment, please inform them about the NJ Children's System of Care. <u>Bergen's Promise website</u> has FAQs and videos to help your families understand the supports available to them.

We are able to provide support at no cost to them regardless of income or insurance status. Parents/Guardians can call PerformCare 24/7 1-877-652-7624.

Now more than ever, the wraparound approach is an incredibly important way of helping our Bergen County youth and families. Schools are invaluable members of the Child and Family Teams. The social distancing and distance learning make our collaboration on behalf of our shared families more crucial than ever to sustain



their emotional and intellectual well-being.

We are continuing to have your team virtually participate in regular Child Family Team meetings. Our Care Managers are maintaining routine contact with you/your staff regarding shared youth/students. If you'd like to learn more to educate your staff, reach out to us at communityresources@bergenspromise.org.

Stay Well,

Your Bergen's Promise Care Management team www.bergenspromise.org 201-712-1170